



Greetings from Gill and The Branch Exec (August 2023)

- This is our seventh Branch Newsletter to update you about what has happened recently and what is planned over the next few months

What we have done

- Lunch and Learn – managing the menopause – 16th March 2023 (Bowes House, Hailsham) & 6th July 2023 (Demelza Hospice Service St Leonards) **BIG THANKS to Ruth Bailey** for presenting the session (Can arrange other topics if wanted)
- Learning event with Branch meeting – April 20th 2023 – Old Town Community Hall. Topics covered 'Valuing nurses, valuing nursing' session - Professor Jane Ball, University of Southampton; 'HCSWs update' - Katherine Stevenson, NHS England; 'Professional Nurse Advocate Programme' - Sam Lungu, NHS England and NHS Improvement – **BIG THANKS to Chinenye Chijioko** who shared her personal experience undertaking the PNA programme
- Social event in Brighton in 2023 during Congress (14th –18th May) - 16th May – very enjoyable meal. Great to meet different members of the Branch
- Congress (at Brighton) - very well supported by Branch members with many members speaking during the debates; Being Ambassadors; Co-hosted a wellbeing activity – "Singing for Health - Singing in Solidarity" 17th May - very well attended – Remember 'Its Who I Am'; Co-presented an Emergency Item for discussion – suicide prevention in nursing – which got accepted as a resolution and was voted in favour of the Council setting up a working group. **BIG THANKS to all involved**

Pending events

- Branch event in September – details to follow on social media and Branch webpage
- Branch AGM – October 20th at Hastings United Sports and Social Club - Elphinstone Rd, Hastings TN34 2AX – Come and hear update about the working group Other speakers to be confirmed

Branch Exec (current team):-

Gill Tanner - Branch Chair (works in A&E EDGH)
gill.tanner@reps.rcn.org.uk

Yetunde Ruqoyat Lawal – Branch Secretary (works as Clinical Educator, Lead CE for HCSWs Induction & New To Care HCA Clinical Support, Undergraduate Education (Non-Medical), Integrated Education, East Sussex NHS Trust)

Anthea Richardson – Branch Treasurer (currently working as a vaccinator – temp register nurse)

Jacqui Post – Branch non-exec member (works in OPD, Conquest)

Nick Donald – Branch Comms Officer (works as dermatology nurse specialist ESHT)

Antonia Berelson – Branch non-exec member (works in Sexual Health, Avenue House, ESHT)

