



Milton Keynes RCN Branch Newsletter September 2025



In this issue:

- ♦ **Branch AGM /Positions on Branch Committee**
- ♦ **Milton Keynes Pride Event**
- ♦ **NSW Day Celebration event in London**
- ♦ **Outgoing branch treasurers goodbye blog**



**Milton Keynes Branch AGM
10th October
2pm –3.30pm
Academic Centre
Milton Keynes University Hospital**



Join Us for Tea/Coffee and biscuits

Milton Keynes RCN Branch

Our branch plays a key role in helping us deliver our Charter, objectives and strategic plan.

Each branch links with a country or regional board, to ensure the views of branch members are taken into account in all of the RCNs consultations .

Getting involved with your local RCN branch is one of the most powerful ways to stand up for yourself, your colleagues and your patients.

When we organise and work together, we can fight for a health care system that values care and the nursing profession. Participating in your branch is a vital part of this.

We are holding our Branch Annual General meeting on the **10th October at 2pm in the Milton Keynes Hospital Academic centre** and warmly invite you to attend.

We will be hosting our Chair of the RCN South East Board Michael Fanning who will be able to give an update of what is happening out in our region in the coming year, he will also be happy to take any question regarding the role he plays as chair.

We will be looking for a new branch committee for the coming year this comprises of a Branch Chair, Branch Treasurer and Branch secretary, find out more about the roles on the next page!

Other committee positions are available and have represented Student nurses , HCAs , LGBTQ+, BAME in the past.

If you would like further information on becoming a committee member, then please do contact:

- Current secretary: Stephen.shouler@reps.rcn.org.uk
- Current treasurer: Sharon.mitchel@reps.rcn.org.uk

Who will be happy to share their experiences of being part of the committee.



Could this be YOU?

Taking on a branch role is a great way of becoming more involved with the RCN, energising RCN members in your local area and developing both personally and professionally.

A branch chair...

- provides leadership to the branch and to members of the branch committee, to ensure that the branch functions effectively and helps towards delivering the RCN strategic plan
 - ensures that the branch complies with the regulation on branches and other policies and processes relating to branches
 - co-ordinates the effective teamwork of the branch committee.
 - chairs branch and branch committee meetings, ensuring that they comply with relevant policies and procedures
 - ensures that there is positive and proactive communication between the branch and the RCN regional/country board
 - leads on the resolution of any internal membership disputes within the branch.



A branch treasurer...

- leads the planning and budgeting process for the branch and be the link person with the board to ensure that the branch activities are reflected in the annual country/regional plan and budget
 - liaises with the identified RCN country and regional staff in matter relating to branch budgets and historic branch funds and ensure that the financial information relating to the activities of the branch are clearly presented and understood by the branch committee and members
 - presents the final financial position of the branch for the previous financial year (ending 31 December) to the AGM, highlighting key achievements of the branch and including performance against the allocated budget for that year.
 - ensures that the branch complies with requirements for branch funds.



A branch secretary...

- is responsible for the effective administration of the branch and the committee
 - acts as the main point of communication in all matters both internal and external to the branch. makes all practical arrangements for branch and branch committee meetings.
 - makes all practical arrangements for branch and branch committee meetings.
 - drafts meeting agendas (in conjunction with the chair), distributes meeting agendas and papers, and ensures accurate notes are taken and appropriately distributed
 - is the point of contact with workplace link representatives in order to support them in their role
- organises the branch annual general meeting (AGM) ensuring that the meeting arrangements complies with relevant policies and procedures and that all paperwork is completed both prior to and subsequent to the meeting
- ensures proper organisation of all workplace, branch and Congress election processes in accordance with RCN election procedures
- ensures that RCN election procedures are followed when the branch agrees to support a candidate in an RCN election
- maintains regular contact with RCN staff at the country/regional office and to keep them informed of branch activity and issues.



Get Involved, Get Inspired

Find out more. Contact newbury.office@rcn.org.uk



NURSING SUPPORT WORKERS' DAY

22 Nov 2025, 10:00 - 16:00

20 Cavendish Square , Marylebone , London, W1G 0RN

Join us to celebrate Nursing Support Workers' Day at our Annual conference for Nursing Support Workers, taking place at RCN HQ in London.

This event will be of interest to Nursing Support Workers, including health care assistants, health care support workers, nursing/care assistants, assistant practitioners, nursing associates, student nursing associates and many more nursing support worker/staff roles across all health and social care settings.

RCN Nursing Support Worker members are welcome to come along and enjoy a packed day filled with inspiring speakers, creative sessions, and panel discussions.

Benefits of attending:

- An educational, engaging and empowering day dedicated to the nursing support workforce
- Opportunity to celebrate Nursing Support Workers' Day

to find out more and register your interest:

<http://rcn.org.uk/NSWconf25>

- Networking with friendly peers and colleagues from across the UK
- Gain up to 6 hours CPD

My final newsletter as treasurer of the MK Branch

As my final term as a committee member comes to an end I wanted to express the joy I have had being part of the branch committee in different positions for the last 6 years I have held the positions of :

NSW member

LGBTQ+ member

Chair (twice)

and finally as Treasurer .

I have been a part of a very inclusive committee where we have shared ideas and produced very successful branch events , the ones that stand out for me are our NSW day celebrations and the pride events . As a committee you are fully supported by your regional teams who help and guide you and the comms team do an amazing job of making sure the work we do is recognised.

I have found it a really good way to network with colleagues from lots of different organisations.

I have also moved into joining other committees within the RCN and am currently Vice Chair of the NSW committee making sure the voice of the NSWs is heard.

I have also been to congress for the last three years another way of networking and took myself out of my comfort zone by getting up on the podium to speak during a debate. This all began by my joining the branch committee.

I look forward to continuing as a member of the branch and look forward to seeing what the new committee achieves.

Written by Sharon Mitchel

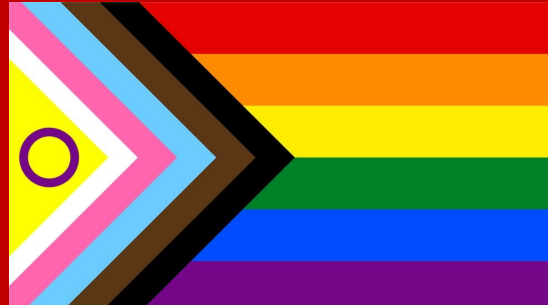


2025 MK PRIDE FESTIVAL

13TH SEPTEMBER

Free Entry 12pm—till late

Campbell Park Overgate, Milton Keynes MK9



Quote of the month

*End is not the end, in fact
E.N.D is "Effort Never
Dies" and if you get NO in
an answer, then
remember NO is "Next
Opportunity". Always be
positive.*

And Finally **THAT'S ALL FOLKS!**

