

RCN Wales Study Centre Newsletter June 2025

Dear Colleague

Welcome to our June 2025 newsletter, featuring upcoming events and information about RCN resources we hope will be of interest to you in your continuing professional development and lifelong learning. We can also arrange bespoke learning for groups of 12 people or more – please contact us at CPDWales@rcn.org.uk for further details.

Follow us on a social media platforms and to support our campaigns, events and activities.



/RCNWales



rcn_wales



@thercnwales.bsky.social



rcn_wales



Nursing staff employed in the NHS in Wales on Agenda for Change (AfC) contracts have been awarded a 3.6% pay increase across all bands, backdated to 1 April 2025. Eligible members can now vote in our consultation about pay – [vote online now](#).

Read the [FAQ's about the 2025-26 pay award](#)

RCN Members – check and update your details now via [MyRCN](#) to make sure you hear about the news and issues that impact you most.

Nominations now open – the RCN Wales Nurse of the Year Awards 2025!



Do you know someone who deserves to be celebrated for their work? Nominations are now open for the 14 categories in the [RCN Wales Nurse of the Year Awards 2025](#).

RCN Wales Study Centre learning events.

You can find details of all our upcoming learning events on our website at rcn.org.uk/wales-events

Making sense of Women's Health in Wales webinar

Morning event - for Registered Nurses, Health Care Support Workers and Nursing Students
Tuesday 15 July 2025, 9.30am – 1pm (online) <https://bit.ly/4bVY1q3>

Introduction to Leadership webinar

Morning event - for Registered Nurses, Health Care Support Workers and Nursing Students
Thursday 24 July 2025, 9.30am – 12.30pm (online) <https://bit.ly/458Sj2E>

Accountability and Delegation webinar

Morning event – for Registered Nurses, Health Care Support Workers and Nursing Students
Tuesday 12 August 2025, 9.30am – 12.30pm (online) <https://bit.ly/3X0ZftS>

Introduction to Diabetes: Foundations for Nursing Practice webinar

Morning event – for Registered Nurses, and nursing students in the final year of a pre-reg. nursing degree programme
Tuesday 30 September 2025, 9.30am – 12.30pm (online) <https://bit.ly/4dPuzmC>

RCN Wales Roundtable for the Independent Sector - Where are we now? Revisiting the RCN Caring for older people report

Date: 17 June 2025 Time: 10.30am – 1pm Venue: Highfield, Pendine Park, Wrexham

Join us in Wrexham, North Wales, for a [roundtable discussion](#) revisiting the RCN Caring for Older People report, and its application to the care home sector in Wales.

The [RCN Caring for older people: the essential role of the care home nurse](#) report is an acknowledgement of the role of the nurse in the independent sector and has the potential to guide current and future work, it is an opportunity to guide data gathering for use in developing cases to support the development of the registered nurse in the independent sector (amongst other things). Whilst the document targets the older person, it's potential is far wider. This round table event will explore these opportunities.

This event provides an opportunity to network with other colleagues based within the Independent Sector to share stories and your unique experiences of working in Wales. We hope this event will develop relationships across the sector which will build confidence and amplify the voice of nurses. This event is open both RCN members and non-members who work in Wales in the Independent Health and Social Care sector.

To book your place and for further information about the roundtable events, please email: sian.wilson@rcn.org.uk Bookings close Friday 6 June 2025.

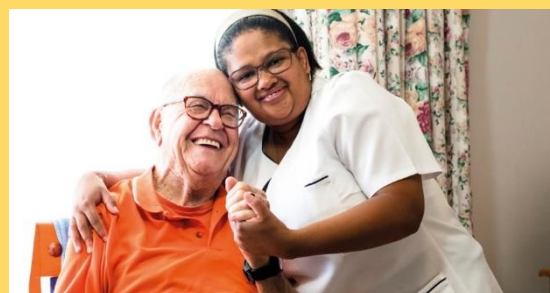
Celebrating Care Home Open Week – 16 – 22 June 2025

Care Home Nursing is a varied career with the opportunity to work with a variety of people with complex needs. These services are nurse-led services where people are supported to live fulfilling lives.

Led by [Championing Social Care](#), [Care Home Open Week](#) is a valuable opportunity for care homes to open their doors to the local community, share more about what they do, and create lasting connections. Care home staff are an integral part of nursing in social care, and the RCN are proud to show our support this Care Home Open Week.

RCN Wales will be celebrating Care Home Open Week with participating care homes, keep an eye on our social media across the week to find out more!

Facebook: [/RCNWales](#) Bluesky: [@thercnwales.bsky.social](#) Instagram: [rcn_wales](#)



RCN Care Home and Social Care Nursing Network

The [Care Home Network](#) provides RCN Members with a supportive environment to share best practice, offer solutions and help improve care in nursing homes. It is open to RCN members who provide nursing care in homes for the entire age range, across all clinical needs. Join this network by logging in through your [MyRCN](#) account and get involved today!



You can also join The RCN Care Home and Social Care Nursing Network Facebook group, which is a space for you to get involved in open discussions with colleagues on the issues that affect you in Care Homes. <https://www.facebook.com/groups/RCNCareHomeNetwork/>

Engagement event for Health Care Support Workers in Wales re the introduction of the Registered Nursing Associate role

17 June 2025 – 1pm – 2pm

Join our 1-hour online webinar for health care support workers across Wales to get an update from the RCN Wales team about how we are engaging in the development of the Registered Nursing Associate role in Wales. <https://bit.ly/4k4t5qT>

Compassionate Conversations – new accredited educational programme

The Compassionate Conversations programme is designed to support you to hold compassionate conversations in your practice, with the goal of creating a sense of trust and emotional connection, ensuring patients feel valued and understood, especially during challenging times.



About this programme

Study this online programme to understand the guiding principles of holding compassionate conversations, to evaluate own practice and support others to hold compassionate conversations.

The programme consists of 3 days of taught online sessions plus additional self-directed learning and an assessment. Successful completion of the unit will gain you 4 credits at Level 3, accredited by Agored Cymru.

Learning Outcomes

- Understand compassionate conversations
- Know how to adopt compassionate conversations in own role
- Be able to hold compassionate conversations
- Be able to support others to hold compassionate conversations.

Who is this programme suitable for?

On successful completion of the programme you will gain 4 credits at Level 3. This programme is open to staff across health and social care. RCN membership is not essential. NMC registration is not a requirement of enrolment on this programme.

Programme dates

This unit will be delivered online, over three days, one day per week for three weeks, on the following dates:

- Day 1 - Wednesday 9 July 2025, 9.15am – 4.15pm
- Day 2 - Wednesday 16 July 2025, 9.15am – 4.15pm
- Day 3 - Wednesday 23 July 2025, 9.15am – 4.15pm

There will also be additional self-directed learning and an assessment.
There is 40 hours learning time for this unit in total.

Cost

£250 + VAT per person (£300 inc. VAT)

How to enrol

Booking closing date for all applications and payments is Friday 27 June 2025.

Find out more and book online:

[Compassionate Conversations unit at Level 3 | Events | Royal College of Nursing](#)

ACTION NOW ON CORRIDOR CARE – Sign our petition and email your MS!
Corridor care is unsafe, undignified, and unacceptable. Welsh government needs to take immediate action to eradicate it.

Click the link below to send a message to your politicians today letting them know why you want them to take action, and sign the petition to help secure a debate in the Senedd on this critical issue:

<https://www.rcn.org.uk/email-your-MS>



See also: [watch and share the campaign animation](#)

jointly produced by The Royal College of Nursing and the British Medical Association Wales

Caring Without Compromise – new webinar series

Caring Without Compromise is a new free webinar series available to all nurses and nursing support staff. The programme provides a comprehensive set of tools and support for nurses providing care in challenging and overcrowded environments when resources are stretched and space is limited.



Each webinar will focus on a specific challenge of working under pressure. We will explore strategies and best practices for providing care in challenging settings, such as hospital corridors, waiting areas and makeshift spaces.

No need to book in advance – click the meeting joining link on the event webpage (listed below) shortly before the webinar is due to start:

- [Caring Without Compromise: Creating a culture of compassion and collaboration](#) – Tuesday 24 June, 5.30pm – 7pm
- [Caring Without Compromise: Caring for the care giver](#) – Thursday 10 July, 5.30pm – 7pm

Visit RCN Wales at Pride Cymru, Cardiff on 21 June as we celebrate #PrideInNursing

June is Pride Month, dedicated to celebration and commemoration of lesbian, gay, bisexual, and transgender pride.

The RCN is an inclusive organisation representing a hugely diverse workforce. #PrideInNursing is all about celebrating diversity, equality and inclusion in nursing and our commitment to support LGBTQ+ members and our wider membership to support their LGBTQ+ colleagues.

RCN Wales will be at Pride Cymru, Coopers Field, Bute Park in Cardiff on Saturday 21 June, where we will have a stall in the market place, with information and freebies!

You can also visit our [Pride in Nursing webpage](#) to find digital materials to download and badges to order while stocks last - badges will be dispatched as soon as possible.



Calling all nursing students – bookings now open for the first RCN Student Festival!

Date: 14 June 2025

Time: 8.30am – 7.30pm

Venue: The Nest (Notts County Football Club), Iremonger Rd, Nottingham

Join us for a day dedicated to nursing students – where learning meets celebration.



Expect a line-up of unmissable talks and workshops, where top speakers will take the main stage to share insights that will shape your career. Between sessions, soak up the atmosphere, meet fellow students, and build connections. And to close the event? A panel of industry leaders will debate key nursing topics.

This is more than just a conference – it's a festival of ideas, inspiration, and opportunity.

Find out more and book your place: [RCN Student Festival 2025 | Royal College of Nursing](https://www.rcn.org.uk/student-festival-2025)

Student member? Get involved as an RCN Student Ambassador

Championing the student voice – this is a role for a nursing student who is passionate, who wants to make a difference, who has energy and enthusiasm and who is willing to become active with the RCN to make positive changes. The RCN Student Ambassador role is open to RCN members who are in the student member category.

We will support you to help you get involved in:

- Signposting and supporting your fellow students
- Connecting and campaigning
- Questioning and influencing



Find out more details at:

rcn.org.uk/student-ambassadors

RCN Starting Out – for student and newly registered nurses

[RCN Starting Out](https://www.rcn.org.uk/starting-out) is the exclusive online resource

for student and newly registered nurse (NRN) members. Whether you're about to start your nursing degree, already studying or transitioning to a registered nurse, RCN Starting Out provides the latest knowledge, expertise and support straight to your phone or the web.



Catch up on RCN Congress 2025

RCN Congress 2025 once again took place from 12 – 15 May in Liverpool.

Thank you to every RCN member who brought their energy, ideas, and passion for our profession with them.

Relive some of the [highlights](#) of this year's RCN Congress in Liverpool and hear from members who attended about their experience.

Read the RCN Magazine article: [RCN Congress 2025: what you might have missed](#)

You can also [catch up on the debates](#) on the RCN website (member login required)



Make your voice heard and become more active in the RCN...

The voice of nursing needs to be heard.

Our power comes from our ability to stand together and demand what we need for our profession. [Find out how to get involved with your union](#) ↓

Get involved with the RCN through our Activism Academy. The Activism Academy is here to empower you to win meaningful improvements and positive change in your workplaces and the nursing profession.



We want you to be part of nursing activism and lead on the issues that matter most to you. You are the RCN. By joining with other members, you can make nursing activism a force to be reckoned with! [Sign up for Activism News](#)

Upcoming events to find out more!

➤ [IEN webinar: Organising for the profession](#)

26 June 2025, 6pm – 7pm (online)

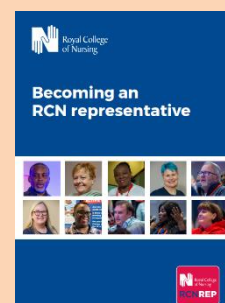
In this session, we'll guide you through the essential skills and strategies needed to organise effectively within your workplace and the wider profession. You will receive an overview of the benefits of joining an RCN professional forum if you have a particular interest in a specialist area.

This webinar is your first step towards building a strong, empowered workforce that stands up for equality, fair pay and improved working conditions for ALL nursing staff - no matter where you come from. Aimed at Internationally educated nursing staff, and those who support them. The event is open to both RCN and non-RCN members.

Become an RCN Rep

Reps are vital links between the RCN and our members. They are the RCN's ambassadors in the workplace, helping to influence policies, assist members and shape our profession. If you are an RCN member and a registered nurse or a health care assistant in employment, you can apply to become an RCN learning representative, safety representative or steward.

<https://www.rcn.org.uk/get-involved/rcn-reps>



Read more in our [Becoming an RCN Representative](#) booklet

New learning and development events for RCN Reps!

As a valued rep we are continually looking to make your learning with us more accessible. Join us for some exciting new sessions this Spring. We have curated three new learning and development sessions that will help you in your role.

- [Tackling corridor care](#) – for health and safety reps – 10 June, 3pm – 5pm
- [Escalating member issues](#) – for all Stewards – 12 June, 10am – 12pm
- [Pay literacy](#) – for all representatives – 18 June, 10am – 12pm
- [Navigating organisational change and MARS/VR](#) – for all Stewards – 8 July, 10am – 12pm
- [Mastering the art of representation](#) – for all Stewards – 9 July, 2pm – 4pm

RCN Events – June – some of the events and conferences coming up...

[Boost Your Writing Confidence Workshop with the Royal Literary Fund](#)

9 June 2025, 10am – 12.30pm (online)

FREE – this event is open to RCN members only

[Easy referencing ... in 45 minutes](#)

10 June 2025, 2pm – 2.45pm (online)

FREE – this event is open to RCN members only

[Introduction to Continuous Glucose Monitoring for Healthcare Support Worker with Eden](#)

11 June 2025, 12.30pm – 2.30pm (online)

FREE – this event is open to RCN members only

[Practical Updates in Long-Term Conditions online learning event](#)

12 June 2025, 12pm – 4pm (online)

FREE – this event is open to RCN members only

[Preventing Burnout in Defence Nursing](#)

12 June 2025, 2pm – 3pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[RCN Connecting Champions: Global Nursing Diaspora Event](#)

16 June 2025, 9.30am – 5pm (in-person at RCN headquarters, 20 Cavendish Square, London)

FREE – this event is open to all, you do not have to be an RCN member to attend

Join us for a special event that brings together UK diaspora nursing groups to connect, share, and celebrate the incredible work being done in global health nursing.

[Hormones & IVF: Understanding the Basics for Better Patient Care](#)

17 June 2025, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Reaching the 30%: Uptake and Access to Cervical Screening in Primary Care – CPD Discussion](#)

18 June 2025, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Care in Custody: From police matrons to forensics](#)

18 June 2025, 6pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Introduction to RCN Library Services](#)

19 June 2025, 12pm – 12.45pm (online)

FREE – this event is open to RCN members only

[Know How to Search CINAHL](#)

25 June 2025, 11am – 12pm (online)

FREE – this event is open to RCN members only

RCN Events – June (cont.) – some of the events and conferences coming up...

[You Mean the World: Exhibition Launch](#)

25 June 2025, 6pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

Join us for the launch of our new exhibition about nursing in the climate crisis. On launch, the exhibition will be able to view in-person at RCN Scotland in Edinburgh, and also [online](#).

[Let's Get Moving: The Power of Physical Activity in Nursing Practice](#)

25 June 2025, 6.15pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

Join us to enhance your ability to champion movement for health and support your patients in leading more active lives.

[Cancer Care in the Trans Community - A Scenario Approach by UCATs and OUTpatients](#)

26 June 2025, 6pm – 7pm (online)

FREE – this event is open to RCN members only

[Know How to Reference Accurately](#)

3 July 2025, 2pm – 3pm (online)

FREE – this event is open to RCN members only

[Easy referencing ... in 45 minutes](#)

9 July 2025, 2pm – 2.45pm (online)

FREE – this event is open to RCN members only

[Make the Most of Membership: Discounts, Savings and Welfare Guidance](#)

10 July 2025, 6pm – 7pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[RCN Aseptic Technique Seminar](#)

11 July 2025, 10.30am – 4pm (in-person at RCN headquarters, 20 Cavendish Square, London)

FREE – this event is open to all, you do not have to be an RCN member to attend

Upcoming conferences in 2025 – register your interest and book now!

[RCN Acute Care Symposium](#) – 20 June 2025 (in-person in London)

[RCN Children in Care Nursing Conference](#) – 23 June 2025 (online) – bookings now open!

[RCN International Nursing Research Conference](#) – 8 Sept – 10 Sept 2025 (in-person in Exeter)

[RCN Fertility Nursing Conference](#) – 2 October 2025 (in-person in London) – register your interest!

[RCN Advanced Nurse Practitioner Conference](#) – 10 October 2025 (online) – register your interest!

[RCN Trauma and Orthopaedic Nursing Conference](#) – 14 November 2025 (in-person in London)

[RCN SOM joint Occupational Health Nursing Conference](#) – 28 November 2025 (online or in-person)

[RCN Womens Health Forum Conference](#) – 9 December 2025 (in-person in London)

[RCN Equity, Diversity and Inclusion Conference](#) – 15 December 2025 (in-person in London)

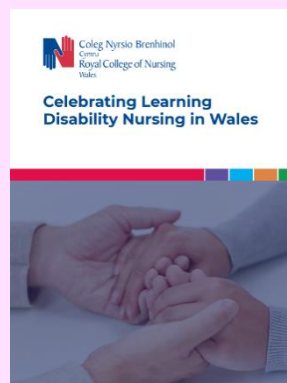
Find out what's upcoming by visiting the [RCN events webpage](#)

Celebrating Learning Disability Nursing in Wales – newly published report

People with a learning disability in Wales live, on average, 20 years less than the general population – a stark indicator of the health inequalities they face. Learning disability nurses play a vital role in addressing these disparities. Yet there are significant challenges in understanding how many are needed in Wales, as well as in recruiting and retaining them.

This report explores the challenges and sets out five key recommendations for the Welsh Government to ensure there are enough skilled professionals to meet the needs of people with a learning disability across Wales.

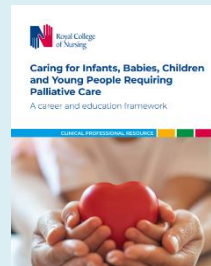
Read the report [Celebrating Learning Disability Nursing in Wales](#)
Also available in [Welsh](#)



New professional development publications available:

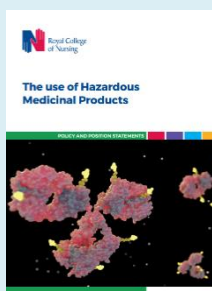
[Caring for Infants, Babies, Children and Young People Requiring Palliative Care](#)

This framework sets out competencies for knowledge and skills across 5 topic areas in children's palliative care relevant to career stages, highlighting the professional development required by a nursing care workforce spanning 7 levels of role from pre-registration practitioner to nurse consultant.



[RCN Position Statement: The use of Hazardous Medicinal Products](#)

As nursing staff are at risk of exposure to hazardous medicinal products, the RCN wants to see positive action being taken to protect health care workers now and in the future. This position statement outlines the key risks to nurses and highlights the current issues.



[Working with Dogs in Health Care Settings](#)

This updated guidance highlights the precautions that should be taken when dogs are brought into various health care settings and provides clear guidance on all reasonable safeguards that should be put in place to protect patients or residents, visitors and staff. It covers the role of both the dog and the owner/handler and includes information that all organisations should take into account before allowing a dog to access their premises. This includes staff with assistance dogs as well as patients, visitors, and people and organisations who have contact or who work with assistance dogs or therapy dogs.



The RCN produces a wide range of publications to develop practice and improve patient care. They can be downloaded free of charge from: rcn.org.uk/publications



Interested in a particular nursing topic?
Join a forum via [MyRCN](#)

- **Contribute to consultations**
- **Keep up to date with latest practice and developments**
- **Join forum discussions**

Wellbeing events

These free events aim to connect with our creative skills, learn something new and meet fellow RCN members.

Time to write with Pride

12 June 2025 – 6pm – 7pm (online)

This interactive workshop is a space for LGBTQ+ members and allies to come together and express themselves creatively. We will read and discuss poems about Pride and then practice tools and techniques to help us do your own Pride themed creative writing.



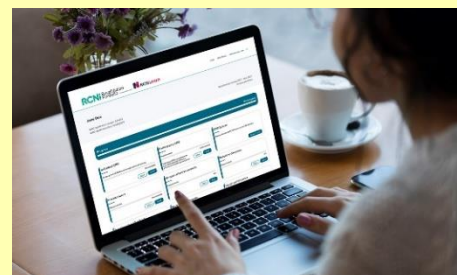
Time to do Embroidery

16 July 2025, 6pm – 7pm (hybrid event – in-person in London or online)

In this 1 hour hybrid workshop, embroidery artist Nigel Cheney will introduce you to the creative possibilities of stitching and embellishing onto a postcard. Using historic photographs from the RCN Archive, this is an opportunity to celebrate the contribution made by nurses by producing your own unique artwork. **This is a hybrid event. All materials are provided and we will send out packs to online participants on a first come first serve basis. If you receive a pack, please try your best to attend as our materials are limited.**

'RCNi Revalidation Portfolio in association with RCN Learn', a tool for registered nurses, midwives and nursing associates.

The RCNi Revalidation Portfolio tool enables you to record practice hours, collate continuing professional development (CPD) activity and compile feedback and reflections all in compliance with the Nursing and Midwifery Council (NMC)'s requirements. The tool is **free** for RCN Members and RCNi Plus subscribers.



[Access the RCNi Revalidation Portfolio tool here on RCN Learn](#) (membership login required)

Also available – the RCNi Portfolio in association with RCN Learn

RCNi Portfolio in association with RCN Learn is now available for other parts of the nursing family who are not required to revalidate with the NMC (such as the nursing support workforce (NSW), students, assistant practitioners, health care assistants, trainee nursing associates, amongst others) but still wish to easily track and evidence their continuing professional development (CPD). **Free** to use for RCN members or RCNi Plus subscribers, check it out today!

[Access the RCNi Portfolio tool here on RCN Learn](#) (membership login or RCNi Plus required)

More Resources from the RCN that can support your professional development:

- **Learning Resources** – Includes resources that are free to access for RCN members and provide an introduction to a growing range of nursing essentials. Includes [First Steps](#) - our popular online learning tool for health care assistants; [Introduction to Prehabilitation](#); [Skin Health Toolkit](#), and more!
- [RCN Learn](#) – including free resources
- [Learning Resources for the Nursing Support Worker workforce](#)
- [RCN Accredited events and resources](#) – clinical learning from external sources, which have been accredited by the RCN as meeting standards of excellence
- [RCN Endorsed resources](#) – clinical learning from external sources, which meet the RCN's quality criteria for professional standards

RCN Wales Library

RCN Libraries are open to RCN members as 'warm spaces', so pop in and see us for your learning needs, a chat, or a cuppa. We're open Monday to Friday in Cardiff, 9:00am-5:00pm. RCN Libraries will be open as warm spaces for members to relax, check email, meet friends, charge your phone, and do your printing.



Did you know that you can give us feedback and suggest books for our collection? Get in touch by email at wales.library@rcn.org.uk or online at [Feedback and book suggestions](#)

As always, our eBooks, eJournals and databases are available 24/7, and you can contact the library team by email any time. The [getting started](#) guide also addresses several common queries.

The postal loan service is still available and dispatching books once a week to members across Wales. You can use our [library catalogue](#) to search for books and journals, and once logged in, you can check your account online and renew books at any time.

The RCN have produced subject guides on a wide range of topics. Our selection includes guides on academic skills, leadership, and information to help you provide specialised care, no matter where you work. There is always something new to learn at: rcn.org.uk/library/subject-guides

Please don't hesitate to contact us at any time on wales.library@rcn.org.uk or 029 2068 0734 if you have any questions at all.

RCN Member Support Services – providing emotional and practical support for you

As an RCN member, you can get free, confidential help and advice on a range of issues that affect you at home and at work. Check out our [Member Support Services leaflet](#)

- Access to free professional telephone [counselling](#)
- [Careers service](#), including help with writing your CV and interview skills, and one-to-one telephone career coaching. Read the new [Thinking About Your Career](#) publication.
- [Financial Wellbeing](#) – the RCN can support members with providing benefit and income maximisation advice
- Get expert support and advice on benefits, tax credits, debt, and housing through our [Welfare Service](#)
- A free 30 minute [legal advice session](#) on matters not connected to work
- The [Peer Support Service](#) is a network for sharing experiences and resources for ill and disabled members.
- If you're an RCN member and you are already in the UK, you can get free, confidential support and assistance on [immigration issues](#)
- [RCN Foundation Hardship Grants](#) – The RCNF supports members of the nursing and midwifery professions who are experiencing financial hardship. **You do not have to be a member of the RCN to access funding.** Full eligibility criteria and application are both available online.

We'd love for you to be part of our community of over half a million members www.rcn.org.uk/joining for professional support and other benefits or call 0345 772 6100.