

## RCN Wales Study Centre Newsletter May 2026

Dear Colleague

Welcome to our May 2026 newsletter, featuring upcoming events and information about RCN resources we hope will be of interest to you in your continuing professional development and lifelong learning. We can also arrange bespoke learning for groups of 12 people or more – please contact us at [CPDWales@rcn.org.uk](mailto:CPDWales@rcn.org.uk) for further details.

Follow us on a social media platforms and to support our campaigns, events and activities.



/RCNWales



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### RCN Wales learning events

You can find details of all our upcoming learning events on our website at [rcn.org.uk/wales-events](https://rcn.org.uk/wales-events)

#### NMC member webinar: workforce, regulation and reform

Wednesday 3 June 2026, 10am – 12.30pm (online) – free event

Open to both members and non-members, this free webinar delivered by the Nursing and Midwifery Council (NMC) aims to a comprehensive update on current and future work across the organisation, and offers the opportunity to better understand regulatory change. Aimed at nursing and midwifery health care professionals who are registered with the NMC, or are due to register with the NMC (e.g. final year nursing students).

Book now at: <https://bit.ly/4usismL>

#### Record Keeping webinar

Tuesday 9 June 2026, 9.30am – 12pm (online) – low-cost CPD

Essential knowledge for all the nursing team, this webinar aims to examine and explore best practice processes involved in record keeping, including all different types of records (both written and electronic) in health and social care; explore potential concerns around record keeping, aligned with accountability, responsibility and the standards required of you in practice; and enable a greater awareness of the resources available to support you in your practice.

Book now at: <https://bit.ly/4kFYa5y>

#### Lunch and learn webinar: Peripheral arterial disease and management of the lower limb

Thursday 11 June 2026, 12pm – 1pm (online) – free event

Join us for this engaging and informative webinar, highlighting lower limb health. This free event is open to all nursing roles including members and non-members, and may be of particular interest to community nurses and practice nurses.

Book now at: <https://bit.ly/4eGIOWr>

#### Leadership in Action webinar

Thursday 8 July 2026, 9.30am – 12.30pm (online) – low-cost CPD

This interactive webinar focuses on the real-world skills needed to lead with integrity, support colleagues and contribute to safe, high-quality care. Whether you're new to leadership or looking to strengthen your professional voice, this session provides practical tools you can use immediately in your daily practice. Suitable for all roles in the nursing team, working in any sector.

Bookings opening soon at [rcn.org.uk/wales-events](https://rcn.org.uk/wales-events)

#### Accountability and Delegation webinar

Tuesday 11 August 2026, 9.30am – 12.30pm (online)

Suitable for all members of the nursing team who are working in any sector, this webinar aims to highlight the general principles of accountability and delegation of duties.

Book now at: <https://bit.ly/4tXaQsQ>



ROYAL COLLEGE OF NURSING IN WALES  
**NURSE OF THE YEAR**  
AWARDS

Know someone in the nursing team who deserves recognition for their outstanding work?

**Nominate them for an RCN Wales Nurse of the Year Award.**

## RCN Wales Nurse of the Year Awards 2026 are here!

14 award categories recognising, highlighting and celebrating the dedication, innovation, and outstanding professional care of nursing staff across Wales

[Nominations now open!](#)

Visit: [rcn.org.uk/walesnurseoftheyear](https://rcn.org.uk/walesnurseoftheyear)

### Join us for our RCN Wales Betsi Cadwaladr Lecture

Wales after the 2026 Senedd Election

Thursday 11 June 2026, 6pm – 8pm

In-person at RCN Wales HQ, Cardiff

Join RCN Wales for our biennial Betsi Cadwaladr lecture, opened by Professor Donna Mead OBE, CStJ, FRCN, including a brief history of the life of Welsh nurse Betsi Cadwaladr, and hear from our special guest speaker Dr Daniel Evans, for an insightful discussion as we unpack what the outcome of the 2026 Senedd election tells us about Wales today – and what it could mean for the years ahead.

The event is open to both RCN members and non-members, and will include a buffet dinner, refreshments and opportunities for networking. The event is free but **advance booking is essential** - places at the lecture will be allocated on a first come first served basis.

Further information and registration available on our [event webpage](#). [rcn.org.uk/wales-events](https://rcn.org.uk/wales-events)



 Coleg Nyrsio Brenhinol  
Cymru  
Royal College of Nursing  
Wales

**Darlith Betsi  
Cadwaladr**

**Betsi Cadwaladr  
Lecture**

### Sign up now for the RCN Wales Political Leadership Programme – 30 June and 1 July 2026

Get yourself invaluable insight into the Welsh political landscape and how health policy is shaped.

The [RCN Wales Political Leadership Programme](#) is a prestigious course where you can develop your influencing skills and expand your knowledge of how health and social care policy is made. 2-day programme, taking place in Cardiff.

Designed specifically for nursing staff of all roles, but also suitable for those working in related fields of health and social care, both RCN members and non-members

Course fee: £400 + VAT per person.

Further details and book now at: [rcn.org.uk/PLP](https://rcn.org.uk/PLP)



 Coleg Nyrsio Brenhinol  
Cymru  
Royal College of Nursing  
Wales

**Health is  
political.**

With a new Senedd and new Welsh Government after the elections in May, now's the perfect time to learn how you can shape health policy in Wales.

**30 June - 1 July 2026**

Info & booking: [rcn.org.uk/plp](https://rcn.org.uk/plp)

## **Boost your knowledge and skills and gain academic credits with our new education programmes** – RCN Wales is proud to be an Agored Centre

RCN Wales is a registered Agored Centre, enabling us to offer accredited, credit-bearing taught units that contribute to the ongoing professional development of health care support workers and registered nurses working across Wales.

These units are open to all nursing staff – not just RCN members – and have been designed to support professional growth, reflective practice, and leadership development across a range of roles.

Boost your knowledge and skills and find your next learning opportunity!

Find out more at [rcn.org.uk/Agored](https://rcn.org.uk/Agored)

Upcoming programmes now available for bookings:

### ❖ **Compassionate Conversations** – 4 credits at Level 3 (3-day course, 17, 24 and 30 September 2026 – bookings open!)

Cost: £300 inc. VAT per person

Study this online programme to understand the guiding principles of holding compassionate conversations, to evaluate own practice and support others to hold compassionate conversations.

3 days of taught online sessions plus additional self-directed learning and an assessment. Open to staff across health and social care.

Find out more about the programme and book online:

[Compassionate Conversations unit at Level 3 | Events | Royal College of Nursing](#)



### ❖ **Advanced Leadership** – 20 credits at Level 7 (10-day course, starting 8 October 2026 – bookings open now!) Cost: £1000 inc. VAT per person

This online programme for registered nurses is designed to support developing skills in leading and managing themselves and their teams to deliver excellent patient centred care. 10 days of taught sessions plus self-directed learning and assessments. Suitable for

registered nurses working in any sector, including NHS or independent health and social care.

Find out more about the programme and book online:

[Advanced Leadership in Nursing Practice programme | Events | Royal College of Nursing](#)



Programmes coming soon:

- ❖ **Compassionate Leadership** – 2 credits at Level 3 – next course February 2027
- ❖ **Professional Nurse Advocate** – 20 credits at Level 7 – next course starting March 2027

Register your interest to be kept informed of upcoming course dates at: [rcn.org.uk/Agored](https://rcn.org.uk/Agored)

### **Support to attend professional development programmes**

- The [RCN Foundation](#) offers education grants – applications will next be open in the Autumn, for courses starting between January 2027 – January 2028.
- Check out the [Scholarships and Bursaries](#) webpage, for further information and links.



## **RCN Wales lunch and learn webinar: Peripheral arterial disease and management of the lower limb**

Thursday 11 June 2026  
12pm - 1pm  
FREE online webinar

Join RCN Wales for this engaging and informative hour long 'lunch and learn' webinar, focussing on Peripheral arterial disease (PAD) and management of the lower limb, to raise awareness of this condition during Legs Matter Awareness Week (8-12 June 2026).

This session will look at:

- Recognising and assessing PAD by identifying risk factors
- Implementing evidence based management strategies
- Providing high quality wound and skin care
- Educating and supporting patients to promote foot care, lifestyle changes and medication adherence

Particularly suited to community nurses and practice nurses, but open to all nursing roles, both RCN members and non-members.

Further information and book online at:  
**[rcn.org.uk/wales-events](https://rcn.org.uk/wales-events)**

### Get ready for Pride Month!

Visit RCN Wales at Pride Cymru, Cardiff on 13 June as we celebrate #PrideInNursing

June is Pride Month, dedicated to celebration and commemoration of lesbian, gay, bisexual, and transgender pride.

The RCN is an inclusive organisation representing a hugely diverse workforce. #PrideInNursing is all about celebrating diversity, equality and inclusion in nursing and our commitment to support LGBTQ+ members and our wider membership to support their LGBTQ+ colleagues.

RCN Wales will be at Pride Cymru, Coopers Field, Bute Park in Cardiff on Saturday 13 June, where we will have a stall in the market place, with information and freebies!

You can also visit our [Pride in Nursing webpage](#) to find digital materials to download and badges to order while stocks last - badges will be dispatched as soon as possible.



### Calling all nursing students - bookings now open for the RCN Student Festival!



Date: 13 June 2026

Time: 10am – 5pm

Venue: Freight Island, 11 Baring St, Manchester, M1 2PY

RCN members - £15; non-members - £25

The RCN Student Festival is back!

Join over 100 nursing students for a day of inspiration and connection in one of Manchester's most vibrant venues.

Join us for a one-day event designed for nursing students to explore career pathways, gain financial advice, meet inspiring speakers and connect with other students across the UK.

Find out more and book your place: [RCN Student Festival 2026 | Royal College of Nursing](#)

### Student member? Raise your voice as a Student Ambassador

Championing the student voice – this is a role for a nursing student who is passionate, who wants to make a difference, who has energy and enthusiasm and who is willing to become active with the RCN to make positive changes. The RCN Student Ambassador role is open to RCN members who are in the student member category.

We will support you to help you get involved in:

- Signposting and supporting your fellow students
- Connecting and campaigning
- Questioning and influencing

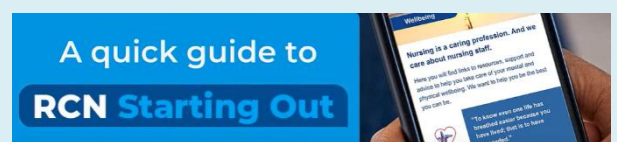
Find out more details at:

[rcn.org.uk/student-ambassadors](https://rcn.org.uk/student-ambassadors)



### RCN Starting Out - for student and newly registered nurses

[RCN Starting Out](#) is the exclusive online resource for student and newly registered nurse (NRN) members. Whether you're about to start your nursing degree, already studying or transitioning to a registered nurse, RCN Starting Out provides the latest knowledge, expertise and support straight to your phone or the web.



## RCN Wales Library

RCN Libraries are open to RCN members, pop in and see us for your learning needs, a chat, check email, meet friends, charge your phone, and do your printing.

We're open Monday to Friday in Cardiff, 9:00am-5:00pm.



### Hello from our RCN Wales Librarian - Louise Wallace



Louise Wallace, who has over a decade of experience supporting healthcare professionals with research, study skills, and information services is our RCN Wales Librarian.

Whether you're looking for help with literature searches, referencing, or navigating library resources, Louise is here to support you. Feel free to reach out via email, phone, or drop by Ty Maeth for a chat.

Did you know that you can give us feedback and suggest books for our collection? Get in touch by email at [wales.library@rcn.org.uk](mailto:wales.library@rcn.org.uk) or online at [Feedback and book suggestions](#)

As always, our eBooks, eJournals and databases are available 24/7, and you can contact the library team by email any time. The [Support](#) section of the website also addresses several common queries.

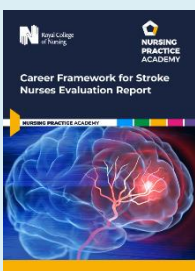
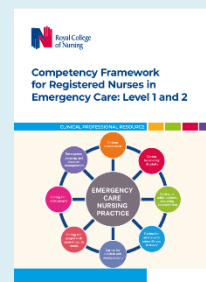
The postal loan service is still available and dispatching books to members across Wales. You can use our [library catalogue](#) to search for books and journals, and once logged in, you can check your account online and renew books at any time.

The RCN have produced subject guides on a wide range of topics. Our selection includes guides on academic skills, leadership, and information to help you provide specialised care, no matter where you work. There is always something new to learn at: [rcn.org.uk/library/subject-guides](http://rcn.org.uk/library/subject-guides)

## New professional development publications available:

### [Competency Framework for Registered Nurses in Emergency Care: Level 1 and 2](#)

This updated framework aims to encourage professional development, leadership skills, and career progression in emergency nursing; promoting high quality patient care and a culture that supports recruitment and retention of emergency nurses. It was developed by leading emergency nursing experts, is founded on nursing philosophy and details the depth and breadth of knowledge and skills required of emergency nurses.



### [Career Framework for Stroke Nurses Evaluation Report](#)

This evaluation report explores stroke nurses' perspectives on the value and impact of the RCN's UK Career Framework for Stroke Nurses. It helps to understand how the framework has been used within the stroke nursing workforce and focuses on its benefits, limitations and areas for further development.

The RCN produces a wide range of publications to develop practice and improve patient care. They can be downloaded free of charge from: [rcn.org.uk/publications](http://rcn.org.uk/publications)

**RCN Events – May-June** – some of the events and conferences coming up...

[RCN Careers Interview skills and techniques webinar](#)

26 May 2026, 11.30am – 12.30pm (online)

FREE – this event is open to RCN members only

[Referencing Essentials: How to Cite Sources and Avoid Plagiarism](#)

27 May 2026, 12pm – 1pm (online)

FREE – this event is open to RCN members only

[Care in custody: In conversation with nursing teams working in justice](#) (Hybrid)

28 May 2026, 6pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Equalities Organising Group Sessions](#)

28 May 2026, 6.30pm – 8pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

This is a series of five webinars that began on the 23 April. We will explore: What is power? How do we create change? What does it mean to organise around equalities issues?

Join the discussions and get involved!

Topic for 28 May discussion group: What are our shared issues?

- What makes a good campaign issue?
- What is intersectionality and why is it important?

[Home and Heart: Arts & Health From Around the World](#)

30 May 2026, 1pm – 4pm (in-person at RCN HQ, 20 Cavendish Square, London)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Easy referencing ... in 45 minutes](#)

4 June 2026, 10pm – 10.45pm (online)

FREE – this event is open to RCN members only

[Inaugural professorial lecture of Professor Stacy Johnson MBE](#)

4 June 2026, 6pm – 8pm (hybrid – online, or in-person at RCN HQ, 20 Cavendish Square, London)

FREE – this event is open to all, you do not have to be an RCN member to attend

This talk is the community professorial inaugural lecture of the University of Nottingham's, Professor Stacy Johnson MBE.

[Know How to Search CINAHL](#)

10 June 2026, 12pm – 1pm (online)

FREE – this event is open to RCN members only

[Promoting positive men's health](#)

10 June 2026, 1pm – 4pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Student Festival 2026](#)

13 June 2026, 10am – 5pm (in-person at 11 Baring St, Manchester, M1 2PY)

RCN student members - £15; Non-members - £25

A one-day event designed for nursing students to explore career pathways, gain financial advice, meet inspiring speakers and connect with other students across the UK.

## RCN Events – June (cont.)

### [Nursing and Social Justice: A History of Refugee Health](#)

16 June 2026, 6pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

### [RCN Long-term conditions webinar](#) 'Tackling health inequalities in long-term conditions'

17 June 2026, 12pm – 1.55pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

### [Report Writing with the Royal Literary Fund](#)

18 June 2026, 10am – 12pm (online)

FREE – this event is open to RCN members only

### [Introduction to Critical Appraisal](#)

18 June 2026, 10am – 11.30am (online)

FREE – this event is open to RCN members only

### [General practice nursing webinar: Influencing pay, terms and conditions in general practice](#)

18 June 2026, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

### [Getting Started with Google Scholar](#)

23 June 2026, 10am – 10.30am (online)

FREE – this event is open to RCN members only

### [Introduction to RCN Library Services](#)

24 June 2026, 12pm – 12.45pm (online)

FREE – this event is open to RCN members only

### [From Qualification to Employment: NRN Journeys and Career Advice](#)

1 July 2026, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

Join us for an inspiring NRN Career Pathways Panel designed to support Nursing Support Workers and nursing students who are exploring their next steps. This interactive session brings together experienced nursing professionals to share real career journeys, practical advice, and honest insights into progressing within nursing.

### [Managing long term conditions in social care settings](#)

2 July 2026, 2pm – 4pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

## Upcoming conferences in 2026 – save the dates and book now!

- [RCN Long-term Conditions Conference 2026](#) – 17 June (in-person in Sheffield)
- [RCN Neuroscience Forum Conference 2026](#) – 24 June (in-person in London)
- [RCN Acute Care Symposium 2026](#) – 8 July (in-person in London)
- [RCN International Nursing Research Conference 2026](#) – 15-17 September (in-person in Glasgow)
- [RCN Pain and Palliative Care Conference](#) – 22 September (in-person in London)
- [RCN and NaTHNaC 9th Joint Travel Health Conference 2026](#) – 26 September (online)
- [RCN Advanced Nurse Practitioner Conference 2026](#) – 2 October (in-person in London)
- [RCN Fertility Nursing Conference 2026](#) – 15 October (in-person in London)
- [RCN Nurse-Led Innovations and Quality Improvement Conference 2026](#) – 17 November (in-person in London)

## Wellbeing events

These free events aim to connect with our creative skills, learn something new and meet fellow RCN members.



### [Time to Write Poetry](#)

**26 May 2026, 5.30pm – 6.30pm (online)**

Join award-winning poet and nurse, Romalyn Ante, for a relaxed poetry workshop. In this session, you will uncover moments of connection, reflection, and transformation in your everyday life, using vivid imagery and unique perspectives to craft poems that celebrate the ordinary and embrace the unexpected.

### [Time to explore technology in nursing](#)

**17 June 2026, 5.30pm – 6.30pm (online)**

Join this 60-minute online workshop to discuss, honestly and informally, the everyday relationship between technology, data, screens, machines, and the embodied human work of care.

### [Time to fold: Origami for wellbeing](#)

**19 June 2026, 5.30pm – 6.30pm (online)**

Try something new and wonderful with Dr Lizzie Burns who helps people of all ages discover origami for relaxation and wellbeing. Make something beautiful in your hands through paper folding. Join this session for relaxation and community.

## Nursing Workforce Standards: Team Manager Workshops

This workshop for team managers will deepen your understanding of the RCN Nursing Workforce Standards and their practical application. These webinars can be attended by all, whether RCN members or not.

### Why attend?

- You'll explore how the RCN Nursing Workforce Standards can serve as a benchmarking tool within your organisation and as a resource to support safe, effective patient care.
- Through practical guidance, you'll learn how to implement the Standards to empower staff, drive continuous improvement, and strengthen leadership practices.
- The session will also provide an excellent opportunity to connect with nurse leaders across the UK, share insights, and exchange best practices.

### Workshop dates – available to book now!

- [14 July 2026](#), 9.30am – 12.30pm
- [13 August 2026](#), 9.30am – 12.30pm
- [15 September 2026](#), 9.30am – 12.30pm
- [15 October 2026](#), 9.30am – 12.30pm



## 'RCNi Revalidation Portfolio in association with RCN Learn', a tool for registered nurses, midwives and nursing associates.

The RCNi Revalidation Portfolio tool enables you to record practice hours, collate continuing professional development (CPD) activity and compile feedback and reflections all in compliance with the Nursing and Midwifery Council (NMC)'s requirements. The tool is **free** for RCN Members and RCNi Plus subscribers.

[Access the RCNi Revalidation Portfolio tool here on RCN Learn](#) (membership login required)

### Further Revalidation resources

Please find below useful links to resources supporting revalidation:

<https://www.rcn.org.uk/professional-development/revalidation>

<https://www.nmc.org.uk/revalidation/>

## Make your voice heard and become more active in the RCN...

**The voice of nursing needs to be heard.**

**Our power comes from our ability to stand together and demand what we need for our profession. [Find out how to get involved with your union](#) ↓**

### Become an RCN Rep

Reps are vital links between the RCN and our members. They are the RCN's ambassadors in the workplace, helping to influence policies, assist members and shape our profession. If you are an RCN member and a registered nurse or a health care assistant in employment, you can apply to become an RCN learning representative, safety representative or steward.

<https://www.rcn.org.uk/get-involved/rcn-reps>



Interested to find out more? Join one of our upcoming webinars:

These events will give you an opportunity to hear about the benefits to you and your colleagues and the expectations of undertaking a Rep role. It will also explain the training programme RCN Wales provides, to enable you to become active as a Rep.

- [29 May 2026](#), 1.30pm – 2.30pm
- [15 June 2026](#), 2pm – 3pm
- [30 June 2026](#), 12pm – 1pm

### Get Active locally with your RCN Branch!

Link in with your local RCN and connect with your branch to get your voice heard on local issues. As an RCN member, you can find out which branch you belong to by checking MyRCN.

Find out more about the branches in Wales here: [Branches | Wales | Royal College of Nursing](#)

### Get involved with the RCN through our Activism Academy.



The Activism Academy is here to empower you to win meaningful improvements and positive change in your workplaces and the nursing profession.

We want you to be part of nursing activism and lead on the issues that matter most to you. You are the RCN. By joining with other members, you can make nursing activism a force to be reckoned with! [Sign up for Activism News](#)

### Put yourself forward for key leadership roles at the RCN - elections taking place soon

We are proudly member-led, and our member leaders play an essential role in the life and work of the RCN – setting strategy, monitoring performance and ensuring accountability.



Elections are taking place over the coming weeks and months for a number of key leadership roles at the RCN, including Council, Wales Board, and a number of Committees.

Read more about the roles and key dates in the RCN Magazine piece:

[Key RCN leadership roles up for election](#)

Candidate development workshops are available to inform and support you in your governance journey:

- [RCN elections: Thinking about standing?](#) – 26 May, 12pm – 1pm and 1 June, 6pm – 7pm
- [RCN elections: Campaign with confidence](#) – 3 June, 6pm – 7pm and 4 June, 12pm – 1pm

We'd love for you to be part of our community of over half a million members  
[www.rcn.org.uk/joining](http://www.rcn.org.uk/joining) for professional support and other benefits or call 0345 772 6100.