

## RCN Wales Study Centre Newsletter July 2026

Dear Colleague

Welcome to our July 2026 newsletter, featuring upcoming events and information about RCN resources we hope will be of interest to you in your continuing professional development and lifelong learning. We can also arrange bespoke learning for groups of 12 people or more – please contact us at [CPDWales@rcn.org.uk](mailto:CPDWales@rcn.org.uk) for further details.

Follow us on a social media platforms and to support our campaigns, events and activities.



/RCNWales



rcn\_wales



@thercnwales.bsky.social



rcn\_wales

### RCN Wales learning events

You can find details of all our upcoming events on our website at [rcn.org.uk/wales-events](https://rcn.org.uk/wales-events). Or scan the QR code to go directly to our events page.



### Leadership in Action webinar

Thursday 8 July 2026, 9.30am – 12.30pm (online) – *low-cost CPD*

This interactive webinar focuses on the real-world skills needed to lead with integrity, support colleagues and contribute to safe, high-quality care. Whether you're new to leadership or looking to strengthen your professional voice, this session provides practical tools you can use immediately in your daily practice. Suitable for all roles in the nursing team, working in any sector. Book now at: <https://bit.ly/4IJxuBn>

### Accountability and Delegation webinar

Tuesday 11 August 2026, 9.30am – 12.30pm (online) – *low-cost CPD*

Suitable for all members of the nursing team who are working in any sector, this webinar aims to highlight the general principles of accountability and delegation of duties. Book now at: <https://bit.ly/4tXaQsQ>

### Introduction to Diabetes: Foundations for Nursing Practice webinar

Tuesday 6 October 2026, 9.30am – 12.30pm (online) – *low-cost CPD*

This informative webinar aims to raise understanding of diabetes, including diagnosis, risk factors and its management, exploring complications and nursing care. This webinar is aimed at Registered Nurses and nursing students in the final year of a pre-reg. nursing degree, working in any sector. Book now at: <https://bit.ly/3PPOhXZ>

### Strategies for promoting personal health and wellbeing

Tuesday 13 October 2026, 10am – 1pm (online) – *low-cost CPD*

This webinar aims to promote the importance of health and wellbeing of self and the team, including identify sources of support available to you, and strategies you can use. Suitable for all roles in the nursing and midwifery team. Book now at: <https://bit.ly/4v9XmtV>

SAVE THE DATE: **HCSW Virtual Celebration Event – Fill Your Cup: Reflect. Recognise. Grow.**

Tues 24 November 2026, 9.30am – 1pm (online) – *Free for RCN Nursing Support Worker members!*  
Join us for an online celebration of Health Care Support Workers, recognising your contribution, sharing inspiring stories, and supporting your future career. [Register your interest now!](#)

### RCN Wales Political Leadership Programme

Tuesday 1 and Wednesday 2 December 2026, 10am – 4.30pm each day (in-person in Cardiff)  
*Cost: £400 plus VAT per person*

This 2-day programme explores how the political environment sets the context for the individual practitioner and the organisation. It will expand your knowledge of how health and social policy are shaped in Wales. Bookings open now at: [rcn.org.uk/PLP](https://rcn.org.uk/PLP)

**See all our upcoming events at [rcn.org.uk/wales-events](https://rcn.org.uk/wales-events)**



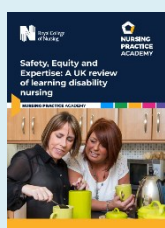
## RCN Wales Nurse of the Year Awards 2026 are here!

14 award categories recognising, highlighting and celebrating the dedication, innovation, and outstanding professional care of nursing staff across Wales

[Nominations open until 5 July](#)

Visit: [rcn.org.uk/walesnurseoftheyear](https://rcn.org.uk/walesnurseoftheyear)

### New professional development publications available:

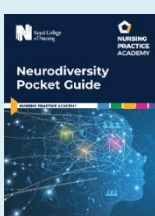


#### [Safety, Equity and Expertise: A UK review of learning disability nursing](#)

The Royal College of Nursing undertook this UK-wide review to assess the current state of learning disability nursing, understand the risks facing the profession, and identify what needs to change to protect and strengthen its contribution. The review sets out a series of high level recommendations to protect learning disability nursing as a safety critical profession and to address foreseeable system risks if current trends continue.

#### [Standards to Support Compassionate Practice Environments \(SCoPE\)](#)

These standards have been developed to guide and strengthen the conditions in which nursing staff work, learn, and lead. Rooted in evidence, expert consultation, and frontline experience, these standards aim to embed compassion, equity, and psychological safety into the core of health care practice environments.

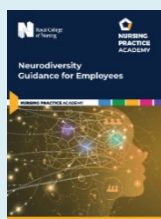
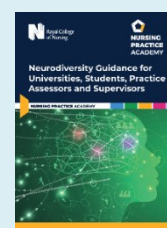


#### [Neurodiversity Pocket Guide](#)

Neurodiversity acknowledges that each person's brain is unique. Our brains work and interpret information differently and we all bring individual experience, strengths, and assets to a situation. This pocket guide has been developed by RCN members with lived experience of neurodivergent conditions and neurotypical stakeholders with an interest in neurodiversity.

#### [Neurodiversity Guidance for Universities, Students, Practice Assessors and Supervisors](#)

Universities should be committed to supporting all students to succeed, including those with disabilities and neurodiverse conditions. This guidance includes how universities can support students to succeed, the various support available to students and the role of practice assessors and supervisors.

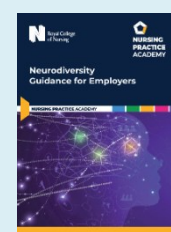


#### [Neurodiversity Guidance for Employees](#)

There are many reasons that inclusive and diverse workforces are something to strive for. Each individual has different skills and experiences that can enrich workplaces. Good employment practices ensure their talents can be utilised and developed. This guidance provides information on what support is available to employees from recruitment processes to workplace adjustments.

#### [Neurodiversity Guidance for Employers](#)

Neurodiversity acknowledges that each person's brain is unique. Our brains work and interpret information differently and we all bring individual experience, strengths, and assets to a situation. This guidance includes what steps employers can take to support employees and details an employer's and line manager's responsibilities to their staff members.



# Enhance your professional skills with accredited learning opportunities from RCN Wales

RCN Wales is a registered Agored Centre, enabling us to offer accredited, credit-bearing taught units that contribute to the ongoing professional development of health care support workers and registered nurses working across Wales.

**Further information and apply:**  
**[rcn.org.uk/Agored](https://rcn.org.uk/Agored)**  
**Contact us: [CPDWales@rcn.org.uk](mailto:CPDWales@rcn.org.uk)**

## Open to all health and social care roles:

### Compassionate Leadership for Health and Social Care

**Level 3 | 2 credits**

**Cost: £216 inc. VAT per person**

- Study this programme to understand how Compassionate leadership enables everyone to feel valued, included and encouraged, so they can reach their full potential and do their best at work.
- Online - 2 days of taught sessions plus self-directed learning and assessments.
- Primarily aimed at Health Care Support Workers, though open to all health care staff working in any sector.

**Next course:** 4 and 18 February 2027

### Compassionate Conversations

**Level 3 | 4 credits**

**Cost: £300 inc. VAT per person**

- The Compassionate Conversations programme is designed to support you to hold compassionate conversations in your practice, with the goal of creating a sense of trust and emotional connection, ensuring patients feel valued and understood, especially during challenging times.
- Online - 3 days of taught sessions plus self-directed learning and assessments.
- Open to staff across health and social care working in any sector.

**Next course:** 17, 24 and 30 September 2026

## Open to Registered Nurses:

### Advanced Leadership in Nursing Practice

**Level 7 | 20 credits**

**Cost: £1000 inc. VAT per person**

- This programme for registered nurses is designed to support developing skills in leading and managing themselves and their teams to deliver excellent patient centred care.
- Online - 10 days of taught sessions plus self-directed learning and assessments.
- Suitable for registered nurses working in any sector.

**Next course:** 8 October 2026 - 25 February 2027 (10 taught days)

### Professional Nurse Advocate (PNA)

**Level 7 | 20 credits**

**Cost: £1000 inc. VAT per person**

- The professional nurse advocate programme provides registered nurses with the knowledge and skills to become professional nurse advocates (PNAs). The programme equips nurses to enhance staff well-being, improve patient care, and drive quality improvement initiatives.
- Online - 10 days of taught sessions plus self-directed learning and assessments.
- Suitable for registered nurses working in any sector.

**Next course:** March - July 2027 (10 taught days)

## Nursing students - get involved at the Student Organising Workshop!

Date: Friday 21 August

Time: 10am – 4pm

Venue: RCN Wales HQ, Cardiff

🍴 Transport expenses covered, lunch provided



RCN Students' Committee is hosting this meeting to start a campaign tackling poor placements.

Poor quality placements are contributing to a student crisis. Imagine what it would feel like if you helped fix that.

Too often, students are expected to work like fully qualified nurses – without the support, recognition, or clear job prospects they deserve.

But it doesn't have to be this way.

A movement is growing to make sure nursing students are treated fairly and supported to become the best nurses they can be.

You're needed to be part of it!

Join us to:

- Become part of a team which will win changes for students now and for years to come
- Learn how to organise and campaign effectively
- Win safe, supportive, and positive placements – and shape the future of nursing

Find out more and sign up: [Student Organising Workshop | Royal College of Nursing](https://www.rcn.org.uk/student-organising-workshop)

Spaces are limited to 30 people, so act fast!

## Student member? Raise your voice as a Student Ambassador

Championing the student voice – this is a role for a nursing student who is passionate, who wants to make a difference, who has energy and enthusiasm and who is willing to become active with the RCN to make positive changes. The RCN Student Ambassador role is open to RCN members who are in the student member category.

We will support you to help you get involved in:

- Signposting and supporting your fellow students
- Connecting and campaigning
- Questioning and influencing

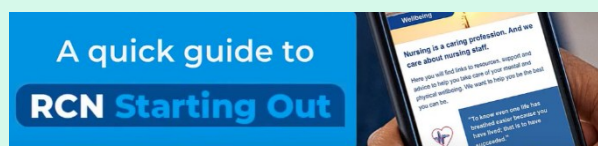
Find out more details at:

[rcn.org.uk/student-ambassadors](https://rcn.org.uk/student-ambassadors)



## RCN Starting Out - for student and newly registered nurses

[RCN Starting Out](https://www.rcn.org.uk/starting-out) is the exclusive online resource for student and newly registered nurse (NRN) members. Whether you're about to start your nursing degree, already studying or transitioning to a registered nurse, RCN Starting Out provides the latest knowledge, expertise and support straight to your phone or the web.



## RCN Wales Library

RCN Libraries are open to RCN members, pop in and see us for your learning needs, a chat, check email, meet friends, charge your phone, and do your printing.

We're open Monday to Friday in Cardiff, 9:00am-5:00pm.



### Hello from our RCN Wales Librarian - Louise Wallace



Louise Wallace, who has over a decade of experience supporting healthcare professionals with research, study skills, and information services is our RCN Wales Librarian.

Whether you're looking for help with literature searches, referencing, or navigating library resources, Louise is here to support you. Feel free to reach out via email, phone, or drop by Ty Maeth for a chat.

Did you know that you can give us feedback and suggest books for our collection? Get in touch by email at [wales.library@rcn.org.uk](mailto:wales.library@rcn.org.uk) or online at [Feedback and book suggestions](#)

As always, our eBooks, eJournals and databases are available 24/7, and you can contact the library team by email any time. The [Support](#) section of the website also addresses several common queries.

The postal loan service is still available and dispatching books to members across Wales. You can use our [library catalogue](#) to search for books and journals, and once logged in, you can check your account online and renew books at any time.

The RCN have produced subject guides on a wide range of topics. Our selection includes guides on academic skills, leadership, and information to help you provide specialised care, no matter where you work. There is always something new to learn at: [rcn.org.uk/library/subject-guides](http://rcn.org.uk/library/subject-guides)

## Sign up now for the RCN Wales Political Leadership Programme - 1 and 2 December 2026

Get yourself invaluable insight into the Welsh political landscape and how health policy is shaped.

The [RCN Wales Political Leadership Programme](#) is a prestigious course where you can develop your influencing skills and expand your knowledge of how health and social care policy is made. 2-day programme, taking place in Cardiff.

Designed specifically for nursing staff of all roles, but also suitable for those working in related fields of health and social care, both RCN members and non-members

Course fee: £400 + VAT per person.

Further details and book now at: [rcn.org.uk/PLP](http://rcn.org.uk/PLP)



**RCN Events – June-July** – some of the events and conferences coming up...

[RCN Careers: CV writing skills webinar](#)

26 June 2026, 12pm – 1pm (online)

FREE – this event is open to RCN members only

[From Qualification to Employment: NRN Journeys and Career Advice](#)

1 July 2026, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

Join us for an inspiring NRN Career Pathways Panel designed to support Nursing Support Workers and nursing students who are exploring their next steps. This interactive session brings together experienced nursing professionals to share real career journeys, practical advice, and honest insights into progressing within nursing.

[Managing long term conditions in social care settings](#)

2 July 2026, 2pm – 4pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[RCN Connecting Champions Global Nursing Event](#)

6 July 2026, 9.30am – 4pm (in-person at RCN HQ, 20 Cavendish Square, London)

FREE – this event is open to all, you do not have to be an RCN member to attend

This free event brings together nursing leaders, researchers, educators and healthcare professionals to explore the vital role of nursing in conflict, crisis and recovery settings.

[Nurse Education in the Higher Education Economic Recession](#)

7 July 2026, 6pm – 7pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[RCN Acute Care Symposium 2026](#)

8 July 2026, 9am – 4.10pm (hybrid – online or in-person at RCN HQ, 20 Cavendish Square, London)

In-person: RCN Member – £162 (inc. VAT) Non-Member – £240 (inc. VAT)

Online: RCN Member – £96 (inc. VAT) Non-Member – £144 (inc. VAT)

Full info and list of fees at: [RCN Acute Care Symposium 2026 | Royal College of Nursing](#)

[Easy referencing ... in 45 minutes](#)

8 July 2026, 12pm – 12.45pm (online)

FREE – this event is open to RCN members only

[The Art of Nursing and Migration - with Michael Rosen](#)

8 July 2026, 6pm – 8pm (hybrid – online or in-person at RCN HQ, 20 Cavendish Square, London)

FREE – this event is open to all, you do not have to be an RCN member to attend

[From Lagos to London: Colonial Recruitment and Nigerian Nurses in the UK](#)

9 July 2026, 6pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

[Raise Your Voice - Why Nursing Activism Matters](#)

13 July 2026, 6pm – 7.30pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

Students approaching graduation and early career nurses - join this dynamic 90-minute session to explore what nursing activism really means, why it matters now more than ever, and how you - as an early career nurse - can start influencing the change our profession urgently needs. Leave feeling empowered, inspired, and ready to take your first steps towards making a difference.

## RCN Events – July (cont.)

### [Evaluating online information for nursing: What can you trust?](#)

14 July 2026, 1pm – 2pm (online)

FREE – this event is open to RCN members only

### [Physical activity in women's health](#)

14 July 2026, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

### [Early Pregnancy Loss: Nursing Care Outside of the Early Pregnancy Unit](#)

15 July 2026, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

### [Writing Case Studies with the Royal Literary Fund](#)

15 July 2026, 1pm – 3pm (online)

FREE – this event is open to RCN members only

### [Joint General Practice & Community and District Nursing Webinar: Students & Placements](#)

16 July 2026, 1pm – 2pm (online)

FREE – this event is open to all, you do not have to be an RCN member to attend

### [Getting Started with Google Scholar](#)

21 July 2026, 12pm – 12.30pm (online)

FREE – this event is open to RCN members only

### [Understanding Generative AI](#)

23 July 2026, 2pm – 3pm (online)

FREE – this event is open to RCN members only

### [Reflective Practice Workshop](#)

28 July 2026, 12pm – 1pm (online)

FREE – this event is open to RCN members only

### [Introduction to RCN Library Services](#)

29 July 2026, 12pm – 12.45pm (online)

FREE – this event is open to RCN members only

### [Referencing Essentials: How to Cite Sources and Avoid Plagiarism](#)

5 August 2026, 12pm – 1pm (online)

FREE – this event is open to RCN members only

## Upcoming conferences in 2026 – save the dates and book now!

- [RCN International Nursing Research Conference 2026](#) – 15-17 September (in-person in Glasgow)
- [RCN Pain and Palliative Care Conference](#) – 22 September (in-person in London)
- [RCN and NaTHNaC 9th Joint Travel Health Conference 2026](#) – 26 September (online)
- [RCN Advanced Nurse Practitioner Conference 2026](#) – 2 October (in-person in London)
- [RCN Fertility Nursing Conference 2026](#) – 15 October (in-person in London)
- [RCN Nurse-Led Innovations and Quality Improvement Conference 2026](#) – 17 November (in-person in London)

## Nursing Workforce Standards: Team Manager Workshops

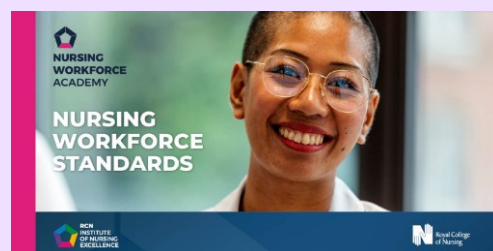
This workshop for team managers will deepen your understanding of the RCN Nursing Workforce Standards and their practical application. These webinars can be attended by all, whether RCN members or not.

### Why attend?

- You'll explore how the RCN Nursing Workforce Standards can serve as a benchmarking tool within your organisation and as a resource to support safe, effective patient care.
- Through practical guidance, you'll learn how to implement the Standards to empower staff, drive continuous improvement, and strengthen leadership practices.
- The session will also provide an excellent opportunity to connect with nurse leaders across the UK, share insights, and exchange best practices.

### Workshop dates – available to book now!

- [14 July 2026](#), 9.30am – 12.30pm
- [13 August 2026](#), 9.30am – 12.30pm
- [15 September 2026](#), 9.30am – 12.30pm
- [15 October 2026](#), 9.30am – 12.30pm



## 'RCNi Revalidation Portfolio in association with RCN Learn', a tool for registered nurses, midwives and nursing associates.

The RCNi Revalidation Portfolio tool enables you to record practice hours, collate continuing professional development (CPD) activity and compile feedback and reflections all in compliance with the Nursing and Midwifery Council (NMC)'s requirements. The tool is **free** for RCN Members and RCNi Plus subscribers.

[Access the RCNi Revalidation Portfolio tool here on RCN Learn](#) (membership login required)

### Further Revalidation resources

Please find below useful links to resources supporting revalidation:

<https://www.rcn.org.uk/professional-development/revalidation>

<https://www.nmc.org.uk/revalidation/>

## Let's be the Voice of Nursing together. Become an RCN ambassador today.

[RCN Ambassadors](#) are members who promote the activities of the RCN and the benefits of membership to their nursing colleagues. It's a simple and fun way to be the voice of nursing, every day.

An RCN Ambassador:

- is often the first point of contact and keeps their direct team and colleagues, whether in the RCN or not, up to date on RCN activities, campaigns, support and services
- promotes RCN events and campaigns by distributing leaflets, adding posters to noticeboards, etc.
- signposts colleagues to relevant RCN services and campaigns, if approached.
- acts as a local link for RCN reps and RCN officers.

➤ [Sign up today to be an RCN Ambassador](#)



↓ Find out more ways you can get active and involved in your union on the next page! ↓

## Make your voice heard and become more active in the RCN...

**The voice of nursing needs to be heard.**

**Our power comes from our ability to stand together and demand what we need for our profession. [Find out how to get involved with your union](#) ↓**

### Become an RCN Rep

Reps are vital links between the RCN and our members. They are the RCN's ambassadors in the workplace, helping to influence policies, assist members and shape our profession. If you are an RCN member and a registered nurse or a health care assistant in employment, you can apply to become an RCN learning representative, safety representative or steward.

<https://www.rcn.org.uk/get-involved/rcn-reps>



Interested to find out more? Join one of our upcoming webinars:

These events will give you an opportunity to hear about the benefits to you and your colleagues and the expectations of undertaking a Rep role. It will also explain the training programme RCN Wales provides, to enable you to become active as a Rep.

- [30 June 2026](#), 12pm – 1pm
- [15 July 2026](#), 10am – 11am
- [28 July 2026](#), 11am – 12pm
- [10 August 2026](#), 2pm – 3pm
- [26 August 2026](#), 12pm – 1pm

### Get Active locally with your RCN Branch!

Link in with your local RCN and connect with your branch to get your voice heard on local issues. As an RCN member, you can find out which branch you belong to by checking MyRCN.

Find out more about the branches in Wales here: [Branches | Wales | Royal College of Nursing](#)

### Get involved with the RCN through our Activism Academy.



The Activism Academy is here to empower you to win meaningful improvements and positive change in your workplaces and the nursing profession.

We want you to be part of nursing activism and lead on the issues that matter most to you. You are the RCN. By joining with other members, you can make nursing activism a force to be reckoned with! [Sign up for Activism News](#)

We'd love for you to be part of our community of over half a million members [www.rcn.org.uk/joining](http://www.rcn.org.uk/joining) for professional support and other benefits or call 0345 772 6100.